



JENNIFER HANSON

LCSW, CCTP
Owner, Healing Hearts
Counseling Center
Pronouns: She/Her

Jenn currently does have a wait list, ranging from 3-5 months. She is offering both telehealth and face to face sessions for clients.

EDUCATION

Master of Social Work
University of Maryland

Jennifer is a Licensed Clinical Social Worker (LCSW) under the Pennsylvania State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors

CONTACT

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 3130 Grandview Drive Building F
Hanover, PA 17331

BACKGROUND

- 20+ years clinical social work experience
- Eye Movement Desensitization and Reprocessing (EMDR) Trained
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- Dialectical Behavior Therapy (DBT)
- Clinically Certified Trauma Provider

CLINICAL EXPERTISE

Trauma (sexual abuse, physical abuse, neglect, emotional abuse)
• Personality disorders (Borderline, Histrionic, Narcissistic, Antisocial) • Grief and Loss • Anxiety Disorders (Generalized Anxiety, Agoraphobia, Separation Anxiety, Phobias, Social Anxiety, Panic Disorder, trichotillomania) • Obsessive Compulsive Disorder • Mood Disorders (Depression, Bipolar, Dysthymia, etc) • Anger management • Self-destructive Behaviors: self-harmful behaviors (cutting, burning, , suicidal attempts/ threats/ ideations, eating disorders, compulsive spending, drug/ alcohol abuse, overdosing) • Conduct problems/ Delinquency/ Oppositional Defiant Disorder • Family conflicts • Impulse control problems • Low self-esteem • Parenting problems • Dependency • Gender identity issues • Chronic Pain/ medical conditions

PROFESSIONAL STATEMENT

Jennifer began her career providing support and crisis services for adults experiencing symptoms of schizophrenia and other co-morbid diagnosis. She has served as a therapist and a program supervisor in a partial hospitalization program where she provided crisis management, individual therapy, group therapy, and family therapy to adolescents with chronic mental illness. Jennifer also has experience working in a residential treatment facility providing individual, group, and family therapy to adolescent females who have experienced sexual trauma, physical abuse, severe emotional abuse, or neglect and who began displaying severe emotional and behavioral symptoms related to their traumatic experiences. Jennifer specializes in Dialectical Behavioral Therapy, Trauma Focused Cognitive Behavioral Therapy, Motivational Interviewing, Integrated Family Therapy, and Eye Movement Desensitization and Rehabilitation (EMDR).