



CHERYL STROUP

LCSW

Pronouns: She/Her

Cheryl currently does have a waiting list, her evening session wait list is 3-5 months, she does have some openings during the day. She is currently offering both telehealth and face to face sessions for clients.

EDUCATION

Master of Social Work
Millersville University

Cheryl is a Licensed Clinical Social Worker (LCSW) under the Pennsylvania State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors

CONTACT

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BACKGROUND

- 10+ years clinical social work experience
- Eye Movement Desensitization and Reprocessing (EMDR) Trained

CLINICAL EXPERTISE

Trauma • Personality disorders • Grief and Loss • Anxiety Disorders • Obsessive Compulsive Disorder • Mood Disorders (Depression, Bipolar, Dysthymia, etc.) • Anger management • Self-destructive and Self-harmful Behaviors • Conduct problems/Delinquency/Oppositional Defiant Disorder • Family conflicts • Impulse Control • Self-esteem • Parenting • Dependency • Gender identity issues • Chronic Pain/medical conditions

PROFESSIONAL STATEMENT

Cheryl completed an internship in Lancaster providing small groups for at risk children (1st-8th grade) in the school setting. She also taught character education in the school setting. She was a mobile therapist and behavioral specialist consultant through BHRS at True North. She has worked collaboratively with families, schools, caseworkers, psychiatrists, and others in the community setting. For the past 5 years Cheryl has worked at the Amazing Kids Club at True North. Cheryl has been a Clinical Coordinator at the Amazing Kids Club holding down 40+ clients as well as creating psychoeducational programs to help everyone achieve their goals and objectives. Cheryl enjoys working as an out patient counselor at Healing Hearts Counseling Center. She especially enjoys working with children, but also works with teens and adults. She is a certified clinical trauma professional, a licensed child yoga and mindfulness instructor, and is currently working toward her adult yoga certification.