



CARRIE MCWILLIAMS

LSW

Pronouns: She/Her

Carrie is currently offering both telehealth and face to face sessions for clients.

EDUCATION

Master of Social Work
Temple University | 2015

Bachelor of Arts in Psychology
The Pennsylvania State University | 1999

Carrie is a Licensed Social Worker (LSW) under the Pennsylvania State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors

CONTACT

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BACKGROUND

- 20+ years work experience
- Certification in TF-CBT treatment
- Safe Crisis Management Trainer certification
- Dialectical Behavioral Therapy (DBT)

EXPERTISE

Anxiety Disorders (Generalized Anxiety, Agoraphobia, Separation Anxiety, Phobias, Social Anxiety, Panic Disorder) • Mood Disorders (Depression, Bipolar, Dysthymia, etc.) • Child Welfare • Crisis Intervention • Trauma and Abuse • Survivors of Domestic Violence, Sexual Assault, and Human Trafficking • Attention Deficit Hyperactivity Disorder • Gender & Sexuality • Gender identity issues • Self-destructive Behaviors (cutting, burning, suicidal attempts/threats/ideations, etc.) • Personality disorders • Grief and Loss • Obsessive Compulsive Disorder • Anger management • Impulse Control • Low Self-esteem • Conduct problems/Delinquency/Oppositional Defiant Disorder • Sexual Offender Treatment

PROFESSIONAL STATEMENT

Carrie has been working in the field since 1999. She has experience in a variety of mental health settings: psychosocial rehabilitation; case management assisting individuals and families who were experiencing homelessness; in the prison as a mental health counselor, sex offender treatment specialist, and suicide prevention/intervention instructor; in residential treatment providing therapy services to adolescents who had experienced significant trauma, certified trainer in safe crisis management; and as a school-based counselor in York. Outside of Carrie's clinical experiences, she has been a volunteer and advocate for different child welfare organizations. Carrie's playful spirit helps her connect with children and adolescents. She has an eclectic style and can easily adjust to the specific needs and learning styles